



Fall Recovery Program

Ask the Doctor: “Oh, hecky darn! I really got a lot of sun this summer and my skin needs emergency care. What can I do???”

Dr. Lott Says: “Don’t panic!” I have some tricks up my sleeve to take care of that skin you ‘cooked’ while playing outside . . .”

Products

Drs. Kligman, then Obagi, made the home care program very successful by combining RetinA with the hydroquinone bleachers and sunblocks. We’ve made it easier to do by simplifying the steps, moderating the irritation and finding less costly active ingredients.

Peels

Our two new and now favorite: The VI Peel (Kalilmedical.com) combines many of the favorite peeling chemicals into a single, easily tolerated experience. Most do have fine “sunburn”-type flaking but a brightened, fresher skin looks back at you from the mirror. It also helps acne in all ages. Who needs zits at the 25th class reunion?

The **Melanage Mini Peel** is the best for “brown” without the irritation and length of peeling noted with the full strength peel. You most likely will want to do a series of these with special attention to the problem areas. Brown is the toughest problem so the peel comes with its own home care kit.

Lasers

Pixel Perfect (www.pixelperfect.com) The new darling in the laser world is the resurrection of the ablative CO2 laser. By fractionating the pulse into spot “wounds,” the skin heals in close to 4 days rather than 14. This is for the scars, lines and crinkles that happen with more birthdays and all your hours in the sun. 1-3

treatments will soften your scars and wrinkles, give you an excuse to stay at home with a good book for 3-4 days or (ugh!) clean your closets.

The “perfect” non-ablative laser is the **Gemini** (www. [igidex.com](http://www.igidex.com)). Click on aesthetics, then Gemini, then patient ed). I was very lucky and spent a day training 1:1 with the doctor behind the success of this laser. Her technique may leave your skin a little red and swollen for a couple of days but it will be well worth it. This is also most successful if done as a series.

Which Program is Best for You??

You, Pam and I can put our heads together and come up with a plan to rescue your skin from summer’s oven and have it “sparkle” for the holidays!

Package Specials!

The cost of the initial skin care consult to establish your treatment plan will be subtracted from your first treatment. This includes initial and follow-up UV photo.

For the Month of September

All treatment associated products, laser and peel treatments are 10% off!

Pam Has a New Treatment!

It’s an **Acne Facial** and designed for patients dealing with clogged pores and/or acne lesions. This treatment assists in controlling acne by exfoliation to help your topicals penetrate the skin more efficiently and result in clearer skin. Treatments include exfoliating, cleansing, steaming with a masque, extracting plugged pores and acne lesions and applying moisturizer and/or sunscreen. A series of 6 to 10 treatments is recommended every 1 to 2 weeks followed by maintenance treatments every 3 to 4 weeks. **Introductory September Special – 10% OFF.** Save even more with prepaid packages of 6 or 10!

CD Cosmetic Dermatology & Laser Center

ANN E. LOTT M.D.

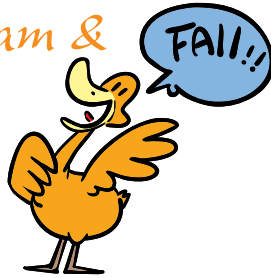
PAMELA PETERSON L.E.

2900 S. 70th St. • Suite 450 • Lincoln, NE 68506

PRSR STD
US POSTAGE
PAID
LINCOLN NE
PERMIT#285

RETURN SERVICE REQUESTED

*Fall Recovery Program &
Falling Prices, Too!*



"It's Not only My Specialty . . . it's My Passion!"

Live & Learn

Think you're stuck with damaged skin from the summer sun? *Think again!*
We will be covering problems and solutions with Products, Peels and the Pixel Laser so that
you know which is best suited for your particular condition at our upcoming . . .



Fall Recovery Program Seminar

Thursday, September 3, 2009

5:30-pm-7:00pm



*Refreshments – Bring a friend and take 15% off your next cosmetic appointment.**

RSVP – 483-1111

*Not to be combined with other offers.